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Ben Lerner Author of Body by God

About Ben Lerner: Maximized Living Co-Founder & NY Times Best Selling Author Dr. Ben Lerner owned and operated 5 clinics in Central Florida seeing 12,000

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God preprogrammed you to look great, have outrageous health, and experience incredible happiness. In the human body, God created a perfect design, equipped with all the organs, tissues, and cells necessary for health, production, and reproduction. The problem, asserts Dr. Ben Lerner, is when we as humans interfere with God's design for our bodies.

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